

SECTION 11 – *TRACK & FIELD (BOYS & GIRLS)*

Supervising Athletic Director: Eric Plitzuweit - Burlington

Officials: 3 officials for both relays and conference hired by the commissioner with assistance from the host school.

Media/Results: The host school will be responsible for contacting the media with the meet results. Both schools will post their perspective scores on their school's website.

Conference Relays: Starting times for the conference relays meet:
Field events 4:00 p.m. Running events 4:30 p.m.

Order of Events:

100/110M HIGH HURDLE SHUTTLE (INDIVIDUAL SEEDED RACES)
4000M DISTANCE MEDLEY
400M RELAY
3200M RELAY
800M SPRINT MEDLEY (1,1,2,4)
800M RELAY
900M INTERMEDIATE HURDLE RELAY
1600M SPRINT MEDLEY (2,2,4,8)
4800M RELAY (1 heat for boys, 1 heat for girls)
1600 RELAY

Entry deadline for the conference relays will be the Sunday before at 8:00 pm.

Each medley relay is a two-turn stagger.

Field events: Total distance of all three athletes will be added together to determine places.

POLE VAULT, SHOT PUT, DISCUS, LONG JUMP & HIGH JUMP

Starting heights for pole vault and high jump to follow WIAA post-season rules where the bar is set two heights below the #8 seed.

Each school will supply a back – up timer if necessary.

Games Committee for the conference meet will include: Athletic directors of the host school, the last previous year's host school, the next year's host school, referee, and starter.

Conference Meets shall be held at a site where an eight-lane track is available.

W.I. A. A. rules and regulations shall be followed.

Awards: Medals given to first and second place in all events.

Conference Meet: The Conference champion shall be determined by its finish in the Conference Meet.

Starting times for the conference meet:
Field events 4:00 p.m. Running events 4:30 p.m.

Entry deadline for the conference relays will be the Sunday before at 8:00 pm.

WIAA rules for post-season rules for entries will be used. Only scratches can be made at the conference meet (medical situations).

Field events:

Starting heights for pole vault and high jump to follow WIAA post-season rules where the bar is set two heights below the #8 seed.

Beginning in 2013 there will be only 200-meter finals.

If necessary, each team will supply a back-up timer for the Varsity Conference Meet.

If necessary, the host school may eliminate the prelims in field events if there is a possibility of inclement weather or the events being impacted by lack of adequate lightning.

Conference JV Meet:

JV Conference Meet Entry Rules: Any athlete who competes and places in the top 8 in any specific event at the Varsity Conference Meet is exempt from competing in the JV Conference Meet in that particular event. No athlete may compete in more than four (4) events between the JV and Varsity Conference Meets. Note: Also, any senior who did not compete in the Varsity Conference Meet will be allowed to compete in the JV Conference Meet.

JV Conference Meet begins at 4:00 p.m.

“Unlimited entries” of any athletes not competing in the Varsity Conference Meet.

Hosting schools have the authority to run certain field events in the most efficient manner.

Each school will be in charge an event: Badger-long jump; Westosha-pole vault; Burlington-high jump; Elkhorn-discus; Union Grove-shot put; Waterford-exchange zone flags. This will alternate every year. Note: When the host school forwards the meet format it will list which school will be in charge of what event.

JV Quadrangular Meet: There will be two quadrangular meets which will be held the Thursday before the Conference Meet. Elkhorn and Wilmot will be hosts. Conference policy does not allow awards to be given at JV Conference Meets.

Awards:

TEAM

Conference Champion – Trophy (One for Boys and One for Girls)

INDIVIDUAL

1st through 3rd place – Medals

Relay 1st through 3rd place – Medals

Honorable mention – One Boy and One Girl athlete per school

Athlete of the Year – Plaque (One for Boys and One for Girls)

Financial Responsibility: Divided equally amongst participating conference schools for both the relay meet and conference championship meet.